North of Scotland Public Health Network Planning and Development Day 15 March 2023 10.00am – 4.15pm Port Conference Room, Café Ahoy, Inspire Aberdeen, Beach Boulevard, Aberdeen

Attendees: (The session will be self-facilitated)

Maggie Watts (NHSWI), Tim Allison (NHSH), Susan Laidlaw (NHSS), Emma Fletcher

(NHST), Susan Webb (NHSG), Kim Penman (NoSPHN)

Apologies: Sara Lewis (NHSO)

Purpose:

To provide a supportive environment to share perspectives, collectively consider common and unique challenges/ opportunities, and identify where and on what we need to advocate for North of Scotland.

To re-examine and imagine the potential of regional collaboration to deliver improved population health outcomes and our ambition for the network in this.

To agree our approach and priorities for 23-24 with specific consideration of Workforce Planning & Development and Regional Planning.

Intended Outcomes:

- Improved understanding of peers' perspectives, the challenges and opportunities they face
- Agreement on any required action to advocate for North of Scotland
- Shared perspective on what we want to achieve through regional collaboration and how NoSPHN should develop to achieve this
- Agreement on the priorities to progress over the next 12 months and the steps required to deliver these.

Programme

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10 am	Coffee and Introductions	All
10.15am	Welcome and Setting The Scene - Brief context setting - Ground rules - Expectations	MW / KP
10.30am	 Supporting and Sharing. In the round discussion with each DsPH sharing insight on their current position Sharing perspectives personally and professionally What are your main challenges and current opportunities? What aspects of public health are you concerned about? Horizon scanning On what and where do we need to advocate for the North of Scotland 	All Initial Input from DsPH (5mins each) followed by group discussion

11.30 am	Focussed Discussion 1: Regional Planning	KP / ALL
	Detailed Consideration of the new planning framework / Medium Term Planning Guidance, the implications for Public Health and how NoSPHN will support Regional Planning Regional Planning Focussed Discussion.pdf NHS Scotland Delivery Plan Guidance 2023.pdf	
12.15pm	NoSPHN In the Medium Term (5yrs)	KP / ALL
	 Imagining the role of NoSPHN and how it needs to evolve What change and innovation is required? What principles should guide our work? 	
1.00pm	Lunch and Strengthening Connections	
1.45pm 2.30pm	Focussed Discussion 2: Workforce Planning and Development Detailed consideration of the programme of action proposed in the Workforce Planning and Development Scoping Report. Workforce Planning and Development Focussed Discussion.pdf Workforce Scoping Report.pdf Refreshments and Comfort break	KP / ALL
2.45pm	NoSPHN the next 12 months - Agreeing priorities for 23-24 Workplan - What is our modus operandi / who will lead/ chair NoSPHN? Workplan Priorities 22-23.pdf NoSPHN Priorities for 2023-24 Workplan.pdf	KP/ ALL
4 -4.15pm	Reflections and Close	ALL / MW

Supporting Information:

Shared Principles for Working Together (working towards...)

- More sustainable health and care services
- Subsidiarity
- A NoS without (false) boundaries
- · A focus on new ways of working
- Maximising Public Health
- Keeping outward looking
- Efficient and effective ways of working
- Improving outcomes
- Shaping our own future / finding the future
- Being fit for the future
- Applying 3 Horizon thinking
- Culture change
- Challenging our level of ambition
- Reflect; re-energise; redirect efforts2 a new wave of Public Health?
- Christie principles (empower individuals and communities; integrate service provision; prevent negative outcomes; become more efficient)

NoSPHN Criteria For Agreeing Regional Action:

- Ensuring the development of public health informed strategies / plans to improve health and healthcare and reduce inequalities
- Cost effective working: agreeing to do once/use many times; reduce duplication
- Adding value e.g. that action will make a difference; likelihood of success
- Ensuring remote, rural and island sensitive practice
- Shaping our future / ensuring the public health in the NoS is fit for the future (workforce, services, activities, NoSPHN)
- Subsidiarity: the project will add value at a regional level rather than needing to be progressed at local or national level
- Capacity for NoS delivery is available.